

# SEW IN THIS TOGETHER

*Creativity* knows no bounds.

## How to Sew a Headband with Buttons for Face Masks



Learn how to make a headband with buttons for a face mask with this free pattern and instructions. These can be made on a serger or sewing machine

**Skill Level: Beginner**

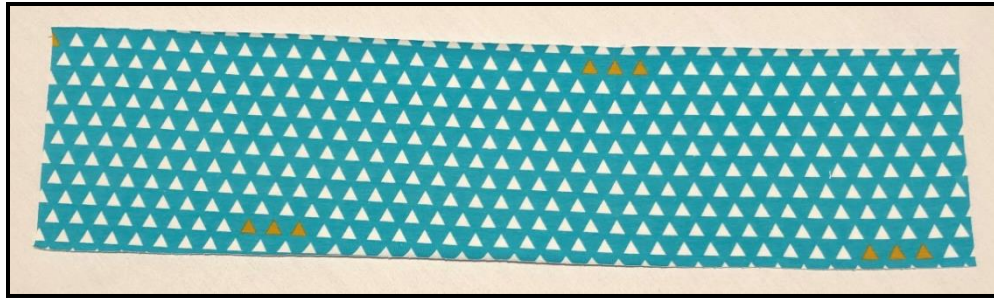
Created by: Stephanie Struckmann

### Supplies:

Baby Lock® sewing machine with Button Fitting Foot  
Ball Point sewing machine needle recommended  
Baby Lock® 4-thread serger  
4.5" x 18" strips of jersey knit fabric  
2 buttons 5/8" or larger

### Instructions:

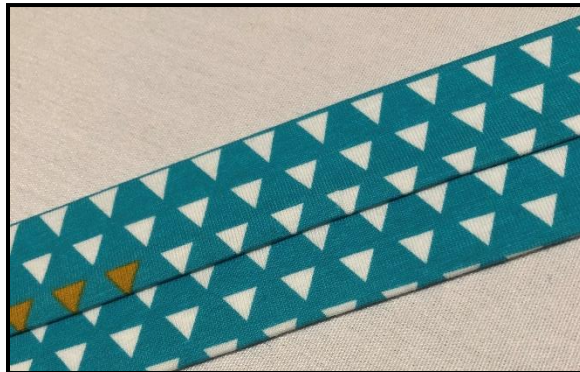
1. Cut strips at 4.5" x 18" with the stretch-iest part going lengthwise.



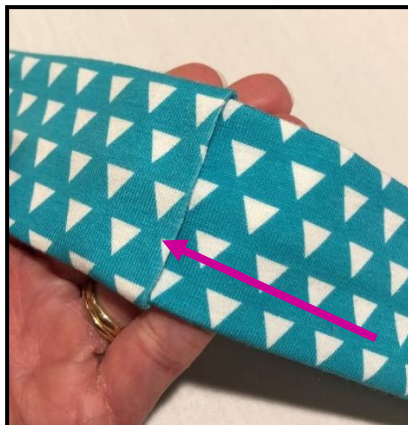
2. Fold in half lengthwise, right sides together. Serge along the long edge with a 3-thread wide or 4-thread overlock stitch OR use a stretch stitch on your sewing machine creating a  $\frac{1}{4}$ " to  $\frac{3}{8}$ " seam allowance if you don't have a serger.



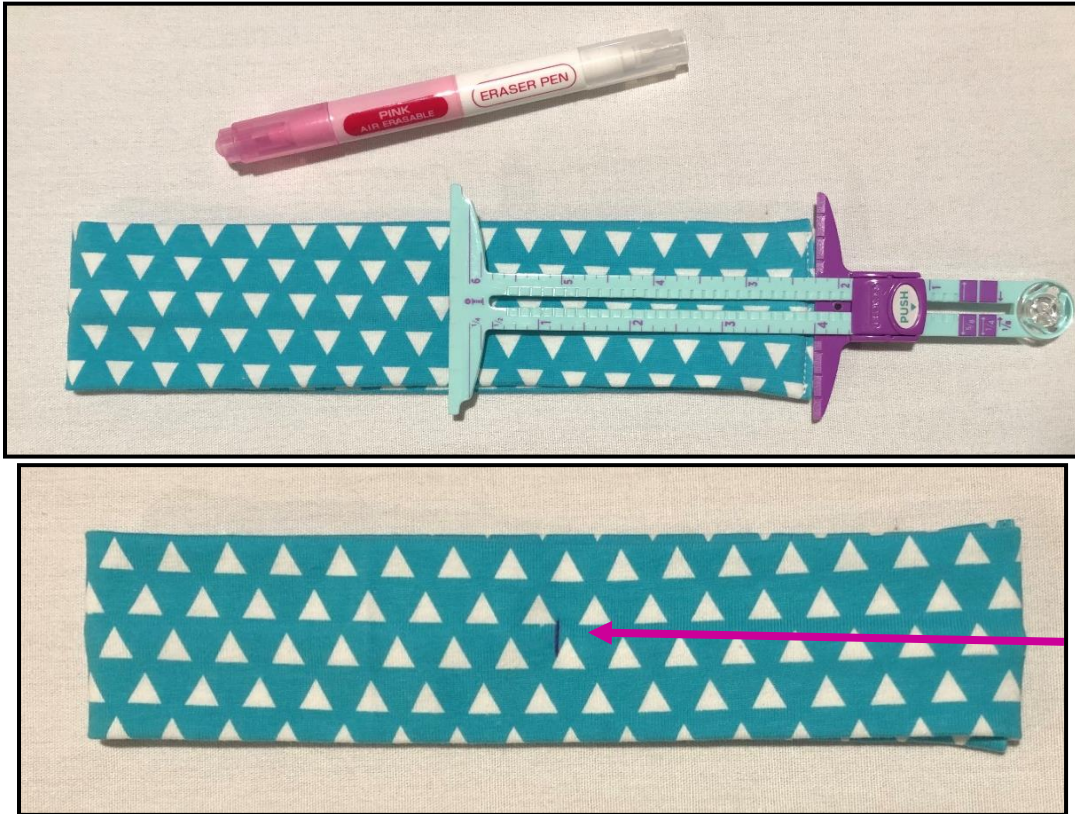
3. Turn right side out and press with the seam along the center back.



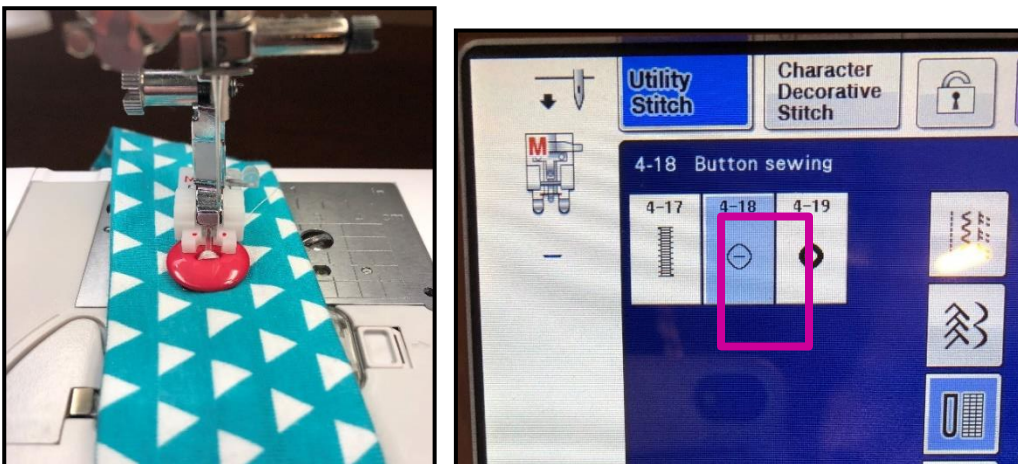
4. Press a  $\frac{1}{2}$ " in on one end. Insert the other raw edge into the pressed edge and topstitch with a straight stitch.



5. Measure over 4" from the center back on both sides and mark the button placement.



6. Using the Button Fitting Foot (M) and engaging the clear, built-in shank creator on the foot, slide your button in the foot, centering the holes (do the front holes first if you are using a 4-hole button, then move to the back holes). Find the Button Sewing Stitch (looks like a bar tack) on your machine. Use the handwheel to check that the needle will not hit the button. Once you are certain that the needle will clear both holes on the button, sew the button in place. Stitch it again for extra security.



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