



## “Growth Chart”

Children grow before your eyes. Make a growth chart so that you and your child can both enjoy seeing how tall they have grown. Clear vinyl pockets allow you to insert pictures for a personal touch.

**Skill Level: Intermediate**

Created by: Peggy Bertels

### Supplies:

Baby Lock Ellageo  
Puppies and Kittens Memory Card (BLEC-P09)  
Teflon foot (ESG-TF)  
Various colors embroidery thread  
Tear-away stabilizer  
Bobbin thread  
Thread to match fabric  
Machine quilting thread  
Ruler  
Cutting mat and cutter  
Iron  
Pins  
Tissue paper  
60" tape measure  
White fabric 5" x 30"  
Green cotton 1/2 yard  
Paw print 1 1/3 yards  
Multi-color print fabric 10" x 45"  
Clear vinyl 4" x 28"  
Batting 18" x 55"



### Instructions:

#### Cutting instructions:

Two 36" x 7" paw print {front body}  
One 36" x 3" green {center front}  
One 1 1/2" x 17" multi color {border between top and bottom}  
Three 1 1/2" x 45" multi color {for binding sides and top}

One 1 1/2" x 20" paw print {for binding bottom}  
 Three 5" x 5" green {blocks}  
 Four 5"x 5" multi-color {blocks}  
 One 50" x 20" paw print {backing}  
 One 16" x16" green {top for embellishment}  
 One 10" x 8" paw print {rod pocket}

1. Using Designer's Gallery LetterWorks create the words "Watch Me Grow" in a block font.
2. Choose an envelope shape to adjust as desired.
3. Save the design and print a full size template.
4. Mark the green fabric using the template as a guide.
5. Hoop the green fabric piece and tear away stabilizer.
6. Embroider, Watch Me Grow, on green fabric using your preference of embroidery thread colors.
7. When the embroidery is complete, remove the design from the hoop and tear-away any excess stabilizer. Lightly press.
8. Stitch tape measure to center of the 3" x 36" green fabric, starting with the 60" mark at the top. Cut off the extra tape measure. This is the center strip.
9. Join the two 7" x 36" paw print to each side of the center strip, using 1/2" seams.
10. Press seams toward the paw print fabric.
11. Stitch the 1 1/2" x 17" multi-color fabric to the top edge. Then prepare the curved top piece.
12. Mark and cut the curve on the green fabric 1 1/2" above the words "Watch Me Grow" and trim.
13. Stitch the curved "Watch Me Grow" piece to the 1 1/2" x 17" multi-color strip (step 10) at the top and set aside.
14. Hoop the white fabric piece and tear away stabilizer.
15. Select the first design and embroider, using your preference of embroidery thread colors.
16. When the embroidery is complete, remove the design from the hoop and tear-away any excess stabilizer. Lightly press.
17. Using the rotary cutter, mat and ruler, trim the white fabric around the design. The block should measure approximately 4 1/2" x 4 1/2".
18. Repeat embroidery process for the remaining five embroidery designs.
19. Iron 1/2" of fabric on the embroidery all the way around to form 4" squares. Be sure your embellishments are center.
20. Topstitch around each one 1/8" from the edge.
21. Repeat the ironing and topstitching process for the 3 green blocks and 4 multi-color blocks using red thread.
22. Position blocks on quilt top and pin in place.
23. Topstitch blocks to quilt top using a decorative stitch
24. Topstitch 4" x 4" clear vinyl to the top of the color blocks. Note: Use a Teflon sewing foot or place tissue paper over clear vinyl so it will move under the presser foot.

*The clear vinyl creates pockets  
to add photos to your growth chart.*



25. Layer your quilt. First the backing, then the batting and last the top. Baste together.
26. Quilt as desired around each block, along the green center, down the sides, across the top border, and around the curve at the top.
27. Sew the 1 1/2" x 20" paw print strip to the bottom of the quilt for binding and hand stitch to finish off
28. Sew together the 1 1/2" x 45" strips of multi-color fabric together for binding and sew on.
29. Clip curve at top.
30. Turn the binding over edge and hand stitch to finish.
31. To form the rod pocket, press the short edges of 8" x 10" paw print piece and turn over twice.
32. Topstitch then fold in half lengthwise with right sides together and stitch.
33. Turn inside out and press.
34. Pin in place on back of quilt near top and hand stitch it along the top and bottom edge to attach it to the quilt back.
35. Your quilted growth chart is now complete.

For other exciting projects like this one visit our Web site at [www.babylock.com](http://www.babylock.com)