



Polar Bear PJs

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Baby Lock Educator

Supplies for adult t-shirt

- For Adult t-shirt
 - One adult sized t-shirt
 - 8" x 9" white polar fleece for polar bear body applique
 - 5" x 4" red flannel for hat applique
 - 1 yard lightweight heat and bond
 - Embroidery file "polarbear9x14.pes"
 - White, red, gray, pink, and black embroidery thread
 - Iron-on poly-mesh
 - Tear away stabilizer

Supplies for child-sized t- shirt

- For child's t-shirt
 - One child-sized t-shirt
 - 6" x 6" white polar fleece for polar bear body applique
 - 3" x 3" red flannel for hat applique
 - 1/2 yard lightweight heat and bond
 - Embroidery file "polarbear9x14.pes"
 - White, red, gray, pink, and black embroidery thread
 - Iron-on poly-mesh
 - Tear away stabilizer

Prepare t-shirt for embroidery

Turn t-shirt inside out and Iron on fusible poly-mesh to inside front of t-shirt



Hoop t-shirt with tear-away stabilizer



Place hoop in machine



Embroidery

Step 1: Embroider color 1: "merry christmas"

Step 2: Embroider color 2: placement line for red cap

Embroidery:

- Step 3: Center red flannel over placement line
- Step 4: Embroider color 3, sew down line
- Step 5: Trim away excess
- Step 6: Embroider color 4, satin stitch outline and the completed hat



Embroider Polar Bear Applique



- Step 7: Color placement line for Polar Bear
- Step 8: Center polar fleece on placement line and sew Color 7, sew-down line for polar bear. Trim to sew down line.
- Step 9: sew color 7, satin stitch, hat band and ball

Embroider Polar Bear Applique

- Step 10: sew color 8, ears
- Step 11: sew color 9, nose
- Step 12: sew color 10, eyes
- Complete!

merry
christmas



2290

SIZE A XS-L/XS-XL
EUR. XP-G/XP-XG
FR. TP-G/TP-TG

Simplicity

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Learn Basics Skills:

- ✓ cut out a pattern
- ✓ understand seam allowance
- ✓ choose the right size
- ✓ stitch seams
- ✓ make an elastic casing
- ✓ stitch a hem

Supplies for pjs

- Simplicity Pattern 2290 (or other one pattern piece pants pattern)
- Material yardage as suggested by pattern
- Elastic as suggested by pattern
- Matching thread



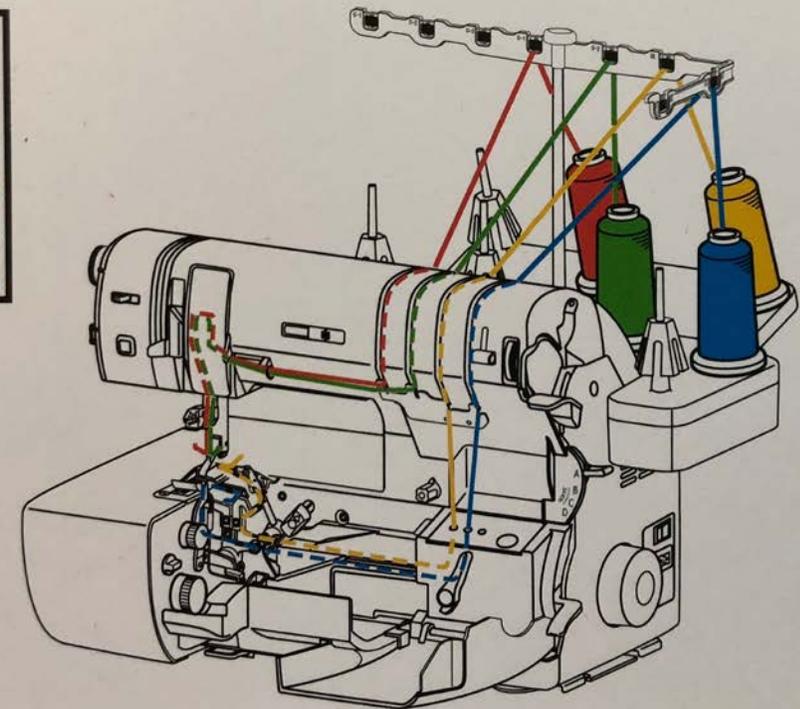
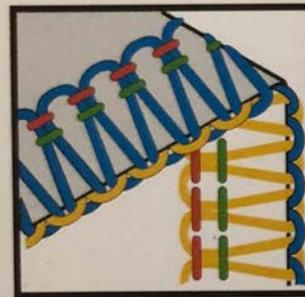
Prepare Serger for 4-thread Overlock

Thread for the 4 Thread Overlock

Quick Reference Threading Guide

4-Thread Overlock

C1	C2	C3	O1	O2	Length 2.5-4.0	Width 6.5-7.5	Stitch Selector A	Wave Selector OVERLOCK	Chain Needle Tension —	Chain Loper Tension —
Upper Loper Selector down			up		Blade Position up		Knife Cover	Subsidiary Loper		



Needles

01, 02





2.75

Stitch Length

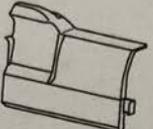
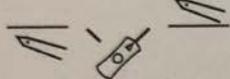


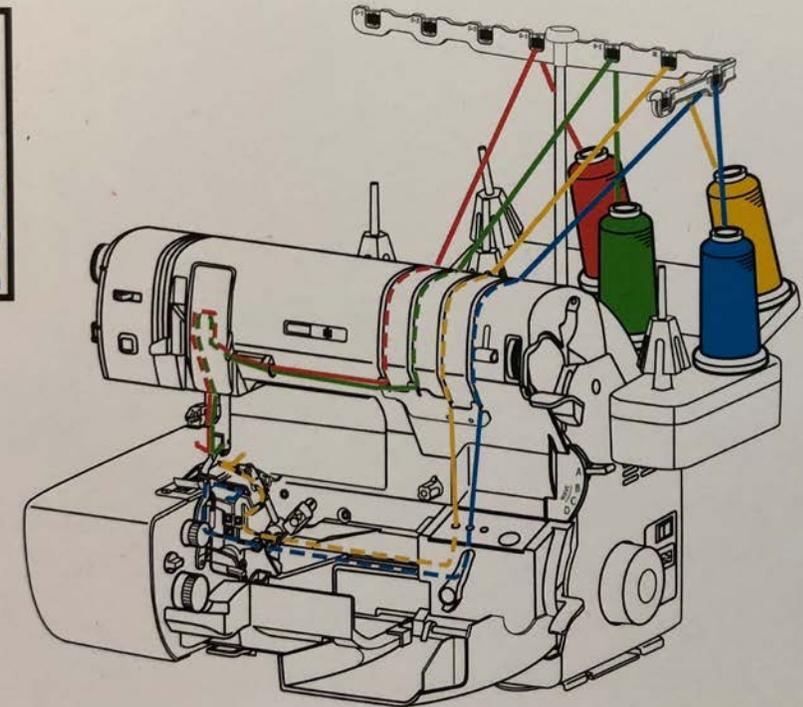
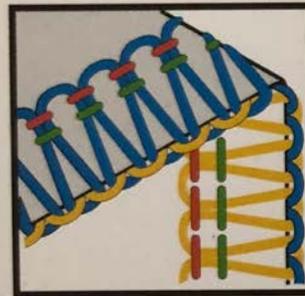
6.5

Stitch Width

Continue
Following
Quick
Reference
Threading
Guide

4-Thread Overlock

C1	C2	C3	O1	O2	Length	Width	Stitch Selector	Wave Selector	Chain Needle Tension	Chain Looper Tension
					2.5-4.0	6.5-7.5	A	OVERLOCK	—	—
Upper Looper Selector				Blade Position		Knife Cover		Subsidiary Looper		
down				up						
										



Cut out fabric according
to pattern instructions



Fold each leg piece right sides together and pin
Serge long straight seam on inner leg

Prepare to Serge Crotch Seam

- Place one leg inside the other, right sides together.
- Stitch crotch seam



Turn one leg inside out



Slide one leg inside, right sides together

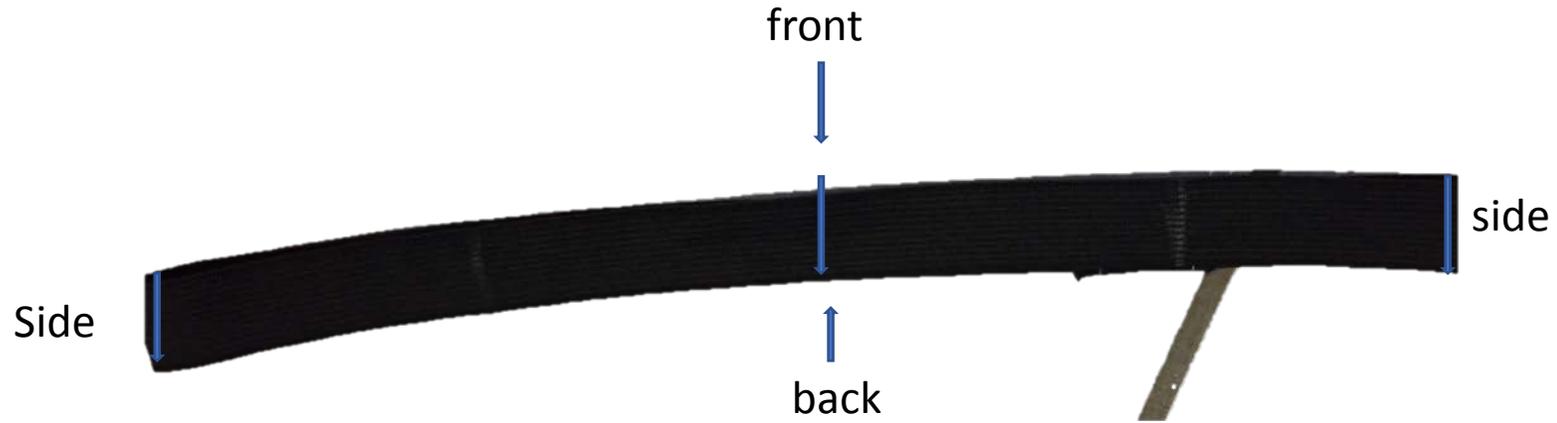


Once leg is inside other, turn to expose crotch seam and serge

Serge Crotch Seam

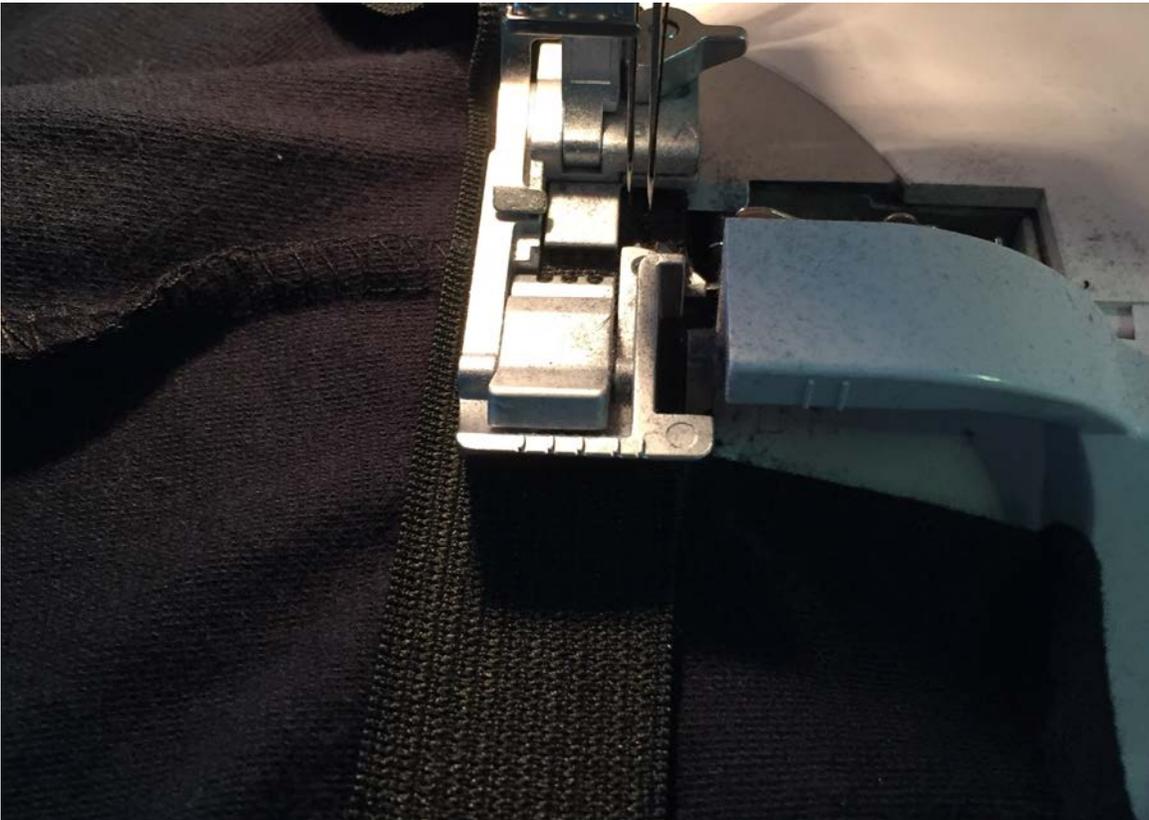


Prepare Elastic for waistband



Measure waist and cut elastic to size.
Divide elastic into quarters and mark. Mark waist of pants as well
Serge elastic ends together, right sides together creating a circle of elastic

Serge Waistband elastic



- Mark center front and center back of pants.
- Serge elastic to top outside edge of pants
- Stretch elastic as you serge so that the quarter marks match the center back and center front marks and side seams.

Hem Pajama Pants

- Pin hem
- Serge around top of raw edge
- Cover stitch or use sewing machine to stitch hem in place
- *note: you may use seams-great to sharpen your hemline. Simply iron to wrong side of hem, turn up, and wobble stitch.

