



# LEARN & CREATE

with Baby Lock

## Serged Rolled Edge Napkins



**Your table will be the star of summer with these easy serged napkins! This simple project is a great way to learn how to use the overlock rolled edge stitch to give your napkins that professional finish.**

**Skill Level: Beginner**

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### **Supplies:**

Baby Lock® Acclaim Serger

4 Fat quarters

Madeira® serging thread colors to coordinate with fabric

3 ½" x 24" straight edge ruler

Rotary cutter and mat

Seam sealant

Basic sewing and serging supplies

## Instructions:

Finished Size: 16" square

- 1) Using the fat quarters cut out four pieces 16 ½" square.
- 2) Set up the Acclaim serger for a 3-Thread Overlock Rolled Edge Stitch.
  - a) Attach the number 2 needle.
  - b) Set the length to .75.
  - c) Set the width to 3.5.
  - d) Place the blade in the up position.
    - i) What is a narrow rolled edge? Just as the name implies, a narrow rolled edge is a narrow row of serged stitching on the fabric edge. The edge rolls as the thread wraps it, giving it a corded appearance and hiding the raw edges. The edge of the fabric rolls because the stitch used is narrower than the fabric between the needle and the knife. The tension on the lower looper tension is tightened, so that the upper looper thread wraps over the edge causing it to roll to the underside of the fabric. The tension is unbalanced and so that the upper looper thread is pulled around the edge to the bottom side of the fabric by the tighter lower looper tension. The lower looper and needle thread should be barely visible on the underside of the stitch.
- 3) Serge around the edges on all four sides of the 16 ½" square. Serge the first side cutting the threads while leaving at least a 3" chain tail. Then serge the next side while cutting the thread. Repeat for the other sides.
- 4) To seal the ends on each of the corners, place a drop of the seam sealant such as Fray Check. Allow the sealant to dry. Clip the threads ends. Or another way to secure the ends is allowing 3" of the thread chain at each of the ends. Use a loop turner, or double eyed needle to hook the tail end and pull it through to the backside of the stitching to secure.
- 5) Repeat for the other three napkins.

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