

MICROWAVE BOWL COZY PROJECT INSTRUCTIONS

You're about to make something fun that you didn't know every kitchen needs: a microwave bowl cozy. And with a Baby Lock serger, it's easier than you'd think.

Supplies:

Note: If you plan to microwave your bowl cozy, only use 100% cotton fabric, batting and thread. Anything polyester, metallic or any type of glue may cause a fire.

- Coordinating cotton fabrics from Riley Blake Designs: One 10" x 10", Two 3½" x 10", One 4½" x 10"
- Cotton Batting: Two 10½" x 10½" (must be cotton NOT polyester)
- One spool of Madeira 12-wt.
- One spool of coordinating Madeira serger thread (for Chain Stitch) or three spools of coordinating Madeira serger thread (for three-thread Overlock Narrow and Wide)
- Size 80 or 90 Topstitch Needle*
- Size 80 Serger Needle
- Lace Applicator Foot*
- Blind Hem Foot*
- Clear Foot*
- Open Toe Foot*

- Curve Foot or Clear Curve Foot*
- Quilt Bar*
- Fabric Marker
- Ruler
- Point Turner
- Spool Caps with Sponge, Spool Pin Disks or Sponge Disks – these are standard with each serger and will be needed for the decorative thread. Place on the spool pin and place decorative thread on top of the disk or cap.
- Wonder Clips
- Temporary Spray Adhesive*
- Iron and Ironing Board or Mat
- Hand Sewing Needle
- Screwdriver for Adjusting Lace Applicator and Blind Hem Foot

*Optional but helpful

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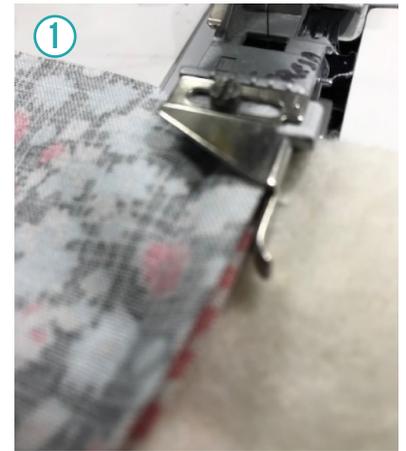
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Instructions:

Construction of Pieced Block:

This can be done with either the Chain Stitch or a three-thread Overlock Narrow Stitch. Setup machine(s) following the Quick Reference Threading Guide for either of the suggested stitches: Place coordinating overlock thread in the needle and looper positions.

1. Attach Lace Applicator Foot (this step can also be done with the Standard Presser Foot) and adjust guide for $\frac{1}{4}$ " seam. Line up one of the 3- $\frac{1}{2}$ " strips right side up on one piece of batting. Lay the 4" strip right side down on top of first strip aligning raw edges; gently lift raw edges and place fabrics in Lace Foot along guide with batting under the foot. If using the standard presser foot, serge this seam. If using the standard presser foot, adjust for $\frac{1}{4}$ " seam allowance. Align the fabric edges using the markings on the toe of the foot and stitch. If using the standard presser foot, do not place the batting under the presser foot.
2. Flip the 4" strip open, finger press in position. Lay last strip aligning raw edges, place in foot along guide again and serge this seam. Flip open and finger press in place. Trim if needed.



Creating the Design:

This can be done with either the Chain Stitch using a decorative thread in the needle and chain looper or with a Flatlock stitch by placing a decorative thread in the needle.

1. If using the Chain Stitch as the selected option for decorating the exterior and interior of the Cozy, follow steps 1 and 2. Use either the Open Toe or Curve Foot. Sew down each side of the two seams. Attach quilt bar so it is approximately $\frac{5}{8}$ " from needle. Flip to sew on the batting side now and sew three lines down each of the two side strips. Remove quilt bar and Open Toe Foot and change to Curve Foot. On right side of fabric, sew a curvy line in center strip. Flip over to sew on batting side and sew two more lines down center strip. (Notice the dimensional stitching lines that were created by sewing from each side of the fabric piece.)
2. Place 10" x 10" fabric right side up on the second piece of batting. Spray to hold in place if desired. Sew three curvy lines as desired on fabric side. Sew three more lines on batting side.



Set Up Machine for Two-Thread Flatlock Wide:

 See the Quick Reference Threading Guide.

Place the needle in the 01 position and thread with 12-wt. thread, use overlock thread in lower looper, lock the cutting blade, and engage the subsidiary looper, 4.0 stitch length, 7.5 width. If the needle thread starts to shred change to a size 80 or 90 Topstitch Needle.

Creating the Design:

1. Attach Lace Applicator Foot, adjust the guide all the way to the right. Mark a line along the center of the 10½" x 10½" batting. Draw a line 1½" on both sides of center. Next mark lines 2" in from each raw edge. Do the same in the other direction. This will create a cross-hatch pattern. Lay one 10" x 10" piece of fabric on one piece of batting. Use spray adhesive to hold the two layers together. Lightly spray the fabric and place on top of the batting with the fabric right side up. This will hold the two pieces in place. Fold on the marked line and place fold against the guide on the Lace Applicator Foot and serge. Pull to open the stitch flat. Serge down each marked line, a total of 8 lines. Note: If center marks are drawn in either direction these lines will not be stitched on. Another great foot to use for this step is the Blind Hem Foot.



2. Place the pieced fabric strip and remaining batting piece together with the right side of the fabric facing up. Use spray adhesive to hold the two pieces together. Fold the piece right sides together along the seams and stitch, making sure to guide the fabric against the guide on the Lace Applicator Foot. There will be two rows of decorative stitches. Pull the stitch open. Note: The Blind Hem Foot is another great option for this step.



Construction: Using the Chain Stitch

1. Change to the Open Toe Foot. Square both pieces. Fold one quilted piece in half and mark 2" in from raw edge on fold; mark 1" up from fold along the raw edge. Connect these two marks, creating a diagonal line. Do this on the other side, then refold and mark the same way (this will create four darts in the center of each side.) Do this to the second quilted square. Lineup the marked line with the far right or 02 needle position on toe of foot for perfect alignment. Sew on the marked line of each of the darts. Then trim the fold of the darts.

2. Place the two quilted pieces right sides together. Still using the chain stitch, sew along the edges using edge of foot as guide. Leave approximately 3" open for turning right side out. Turn right side out; hand whip opening closed. Press well.



Construction: Using the 3 Thread Overlock Narrow and Wide

1. Square the two pieces and round the corners if desired.
2. The three-thread overlock narrow stitch will be used for the darts. Place coordinating serger thread in the needle and loopers and adjust the stitch length to 3, Width at 7.0 and the Stitch Selector on B. For better visibility change to the Clear Foot.
3. Fold one quilted piece in half and mark 2" in from raw edge on fold; mark 1" up from fold along the raw edge. Connect these two marks creating a diagonal line. Do this on the other side, then refold and mark the same way (this will create four darts in the center of each side.) Do this to the second quilted square. Lineup the marked line with the far right or 02 needle position on toe of foot for perfect alignment. Sew on the marked line of each of the darts.
4. Change over to a three-thread Overlock Wide. Place the needle in the 01 position, stitch selector on A, Width 7.0, Stitch Length of 2.5. Place the two quilted pieces right sides together aligning the darts and fabric edges. When aligning the darts, nest them by placing them in the opposite directions of one another. Sew along the edges using the edge of foot as a guide. Leave approximately 3" open for turning right side out. Turn right side out; hand whip opening closed. Press well.



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