Heart to Heart Quilt

Approximate finished size is 42” x 52”

Fall in love with easy automatic appliqué hearts as you create this heart-warming sampler quilt! Discover accurate and consistent appliqués as your machine effortlessly tacks appliqué fabric in place and finishes the edges resulting in near perfect results every time. Plus, enjoy the continuous quilting borders to finish your quilt with coordinating results.

**Skill Level: Intermediate**

**Created by:** Diane Kron, Software and Embroidery Project Manager
Supplies:
Baby Lock Destiny Sewing and embroidery machine with a 5” x 7” hoop
Applique Quilting Hearts Amazing Designs Collection (ADC191)
EmbroideryWorks™ Everyday from Designer’s Gallery®
1 ½ yard white fabric for center embroidered sections
1 yard light pink fabric for sashing
½ yard medium pink print for inside corners and for bias binding
2 2/3 yard backing fabric
Assortment of pink print fabrics for appliquéd hearts
Batting
Tear-away stabilizer
Temporary spray adhesive
Assortment of Madeira threads to match design list
AccuQuilt® GO! and AccuQuilt GO! Heart Die #55029 (optional)

Instructions:
Read all instructions before beginning. All seam allowances will be ¼”.
1. Using the hearts from the design pack, embroider 20 of the hearts on 10” square white fabric. Hoop the tear-away stabilizer along with the white fabric. Rely on the color stops as a reminder when to apply the appliqué fabric.
2. Trim the embroidered squares to measure 8” x 8”.
3. Using the light pink print fabric, cut 31 inside sashing pieces 2½” x 8”.
4. Determine the layout of the quilt by placing the hearts on a flat surface or follow the diagram that follows.

![Diagram of quilt layout](image-url)
5. Sew the inside sashing to the inside edge of the first heart section and then attach the next heart square. Repeat until the row of four hearts is complete. Do not sew a sashing section to the outside edges of the row. Press all seams in the same direction.

6. Repeat until you have five rows sewn.

7. From the medium print fabric cut 12 - 2½” x 2½” squares.

8. Piece the square to the inside seam on the light pink sashing sections to create the sashing on the bottom edge of the first heart row. Be sure that the corners meet. There will be four light pink sections with three corner squares. Press. Attach the second heart row to the bottom edge of the sashing row while being careful to line up the corners. Repeat until all of the rows are pieced together.

9. To create the outer sashing for the quilt, cut 5 - 3½” wide strips across the width of the fabric. Piece three of the strips together. Piece the section to the right edge of the quilt and cut the edge even with the quilt center and press. Using the remaining pieced section, attach to the left side of the quilt and press.

10. Using the remaining pieced section piece the top and the bottom sashing on the quilt. Press all of the seams.

11. Cut the backing fabric and the batting 3” larger all the way around than the quilt top. Lay the backing on a flat surface and sandwich the batting between the embroidered top sections. Smooth all layers.

12. Stitch in the ditch around the embroidered panel sections or, if you prefer, you can use a meandering type of stitch to quilt. Do not quilt the outer sashing areas since these areas will be reserved for additional embroidery.

13. Use EmbroideryWorks software program, to print out a template for each of the following two designs. (Aqh102, aqh201)

14. To embroider the corners on the quilt, tape the appliquéd heart template to one of the corners.

15. Hoop the templated quilt corner in the 5” x 7” hoop. Do not use any stabilizer for the remaining hoopings. Place the template close to center in the hoop.

16. With the machine turned on, place the hoop on the machine. Position the needle over the cross marks on the template. Remove the template. Embroider the design following the color changes. Place the fabric for appliqué after the 1st and 4th color stops.

17. Repeat Steps 14-16 to complete the corner appliqué.
18. To embroider the sashing on the quilt, tape the heart quilt template approximately ¼" from the edge of the embroidered corner appliquéd design and ¼" up from the seam line. Hoop the area so that the template is centered in the hoop. Place the hoop on the machine. Center the needle over the cross marks on the template and remove the template. Embroider the design.

19. To embroider the next quilt design, tape the quilt template to the right of the last embroidered area while lining up the template with the last design. Hoop the quilt, being careful that the horizontal cross mark is level in the hoop. Place the hoop on the machine and center the needle over the cross marks. Remove the template and embroider the design. Repeat this step until all of the sashing has been embroidered.

20. To create the bias binding, cut 2½" wide bias strips from the medium pink print. Piece the sections together to form one piece that will fit around the quilt. Fold the strip in half lengthwise and press. Starting 8" from an end, pin the bias strip with the raw edges lined up with the raw edge on the quilt top. Using a ¼" seam allowance, start sewing 4" down from the end of the bias strip to attach the bias to the quilt. To miter the corner, stop ¼" from the end and cut the thread. Fold the strip up over the quilt so that the end of the bias strip lines up with the edge of the quilt. Fold the bias strip down over the corner and pin in place. Start to stitch ¼" from the top while proceeding down the side of the quilt. Repeat when you get to the next three corners. Fold the bias to the backside of the quilt and hand-sew in place.

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